

Is this email not displaying correctly? [View it in your browser.](#)



*February*



# Immigration and ICE



Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!

*This is informational only and does not constitute legal advice. Contact a lawyer for legal advice.*

## **Immigration rights matter.**

Everyone deserves dignity and respect. Immigrants are the backbone of the United States. For over a century, America was built upon the idea that \*anyone\* could come to America for a better life. With the current administration especially, immigrants are a disenfranchised target of ire. They (along with the LGBTQ+, BIPOC, Muslims, Jews, other minority religions, neurodivergent, people with disabilities, and others) are being utilized by wealthy people in the U.S., to have the working class fight each other, instead of the wealthy.

## **Clearing Up Misconceptions:**

- The constitution affords rights to citizens and noncitizens (undocumented, or otherwise). People in immigration court have the right to appear before an immigration judge. They have a right to have a lawyer represent them at their own expense, but they do not have the right to have a lawyer provided for them by the government.
- Immigration laws are often civil matters, not criminal.
- “Illegal alien” is disparaging language; use “undocumented person”. (A person is not illegal; an action a person takes may be).
- According to many studies ([americanprogress.org/article/citizenship-undocumented-immigrants-boost-u-s-economic-growth](https://www.americanprogress.org/article/citizenship-undocumented-immigrants-boost-u-s-economic-growth)), a path to citizenship for undocumented immigrants would boost economic growth by increasing U.S. GDP by up to \$1.7 trillion over the next decade, raising wages for all Americans, creating hundreds of thousands of new jobs, and advancing the country's economic recovery.

## **Basic Laws:**

- In the state of Ohio, you are required to provide law enforcement with your name, address, and date of birth if law enforcement suspects you committed a crime or have witnessed a felony. The definition of law enforcement as outlined in ORC is likely not broad enough to cover ICE agents ([ilrc.org/sites/default/files/resources/stop\\_identify\\_statutes\\_in\\_us-lg-20180201v3.pdf](http://ilrc.org/sites/default/files/resources/stop_identify_statutes_in_us-lg-20180201v3.pdf))
- If you are not a citizen (documented or undocumented) and have been detained by ICE, contact an immigration attorney.

#### List of Central Ohio Immigration Attorneys:

[justia.com/lawyers/immigration-law/ohio/columbus](http://justia.com/lawyers/immigration-law/ohio/columbus)

- If you are a citizen and have been detained by ICE, contact a civil rights attorney.
- If you are a naturalized citizen, you may want to consider getting a passport card and carrying it with you at all times. If you do not have a passport or a passport card, carry a copy of your naturalization papers.

#### Contact US State Reps

Senators: John Husted, Bernie Moreno

House of Reps: Mike Carey

Deportation is not automatic and is not immediate. You have the right to appear before an immigration judge. You may have a lawyer represent you at your own expense, but you do not have the right to have a lawyer provided for you by the government.

#### Support (give them money, volunteer your time) groups that provide services to immigrants:

*Ohio Organizations:*

- ABLE | Advocates for Basic Legal Equality, Inc. [immigration.ablelaw.org](http://immigration.ablelaw.org)
- ACLU of Ohio [acluohio.org](http://acluohio.org)
- Central Ohio Workers Center [centralohioworkercenter.org](http://centralohioworkercenter.org)
- Community Refugee and Immigration Services [crisohio.org](http://crisohio.org)
- ETSS [ethiotss.org](http://ethiotss.org)
- Legal Aid of Southeast and Central Ohio [lasco.org](http://lasco.org)
- US Together [ustogether.us](http://ustogether.us)

*National Organizations*

- American Civil Liberties Union [aclu.org](http://aclu.org)
- American Friends Service Committee [afsc.org](http://afsc.org)
- American Immigration Council [americanimmigrationcouncil.org](http://americanimmigrationcouncil.org)
- Immigrant Defense Project [immigrantdefenseproject.org](http://immigrantdefenseproject.org)
- Immigrant Justice [immigrantjustice.org](http://immigrantjustice.org)
- Immigration Legal Resource Center [ilrc.org](http://ilrc.org)
- National Immigration Law Center. [nilc.org](http://nilc.org)

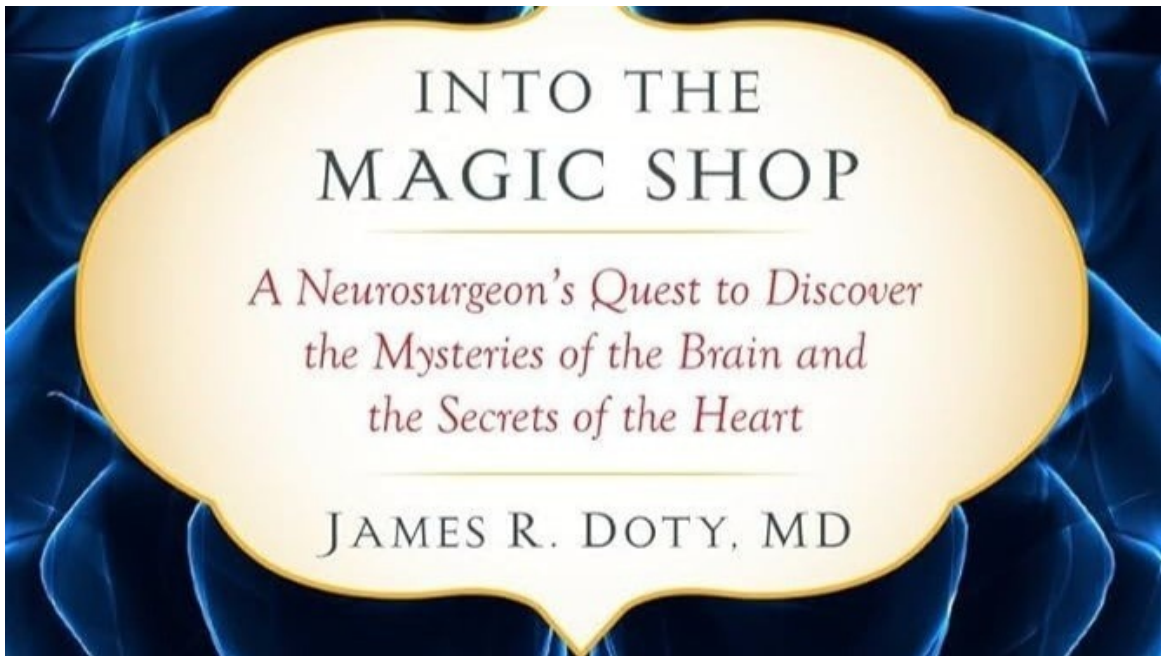
<https://afsc.org/digital-toolkit-build-support-defund-ice-and-cbp>

---

[Visit Our Website](#)

[Become a Member](#)

[Donate to the Cause](#)



## **Into The Magic Shop**

### **A Neurosurgeon's Quest to Discover the Mysteries of the Brain and the Secrets of the Heart**

**By James R Doty, MD.**

Into the Magic Shop tells the story of Dr. James Doty, intertwining his personal narrative with insights into the power of the heart and mind. The story begins with a young James facing a challenging childhood, marked by his father's alcoholism and his mother's depression. At the age of 12, James stumbles upon a magic shop where he meets Ruth, the shop owner's mother. Ruth teaches him a series of meditative practices that help him to navigate his turbulent home life and visualize a better future.

These techniques, which include relaxation, mindfulness, and visualization, become pivotal in Doty's journey, helping him to overcome significant obstacles, secure admission to college and medical school, and eventually become a successful neurosurgeon. The book explores the intersection of science and spirituality, demonstrating how these practices can lead to profound personal transformation.

#### **Key Themes**

- \* **The Power of the Mind:** The book emphasizes how mindfulness, visualization, and meditation can transform one's life by harnessing the power of the mind.
- \* **Compassion and Kindness:** Doty highlights the importance of compassion and kindness, both towards oneself and others. These qualities are shown to be essential for personal growth and healing.
- \* **Overcoming Adversity:** Doty's journey from a challenging childhood to becoming a successful neurosurgeon underscores the theme of resilience and the ability to overcome significant obstacles through inner strength and determination.
- \* **Interconnection of Heart and Mind:** The book challenges the notion that wisdom and intelligence are solely products of the brain, arguing that true wisdom comes from a combination of heart and mind.
- \* **Gratitude and Forgiveness:** Practicing gratitude and forgiveness is portrayed as vital for emotional well-being and creating positive relationships.

In today's taxing, and often disheartening, political environment, I found the insights from this book to be particularly useful. For anyone looking for a quick, easy, insightful read, I highly recommend!

*Thank you to Toni Weber for the submission!*



## Community Spotlight



### **\*\*Spotlight on Rain Burroughs: A Community Ambassador\*\***

Rain Burroughs is a shining star in our community, always bringing warmth and enthusiasm to every interaction. Known for her ability to never meet a stranger, Rain possesses a genuine curiosity about the people around her. She takes the time to get to know individuals, fostering relationships that not only enrich her life but also strengthen the bonds within our community.

Her involvement in a wide array of events showcases her dedication and passion for making a difference. Whether it's local festivals, charity events, or community meetings, Rain is always present, actively participating and encouraging others to join in. Her commitment to connecting people is evident in her efforts to help our group grow, ensuring that everyone feels included and valued.

Rain's innovative spirit shines through in her continuous suggestions and ideas for improving our group. She is always brainstorming ways to make information more accessible and understandable, making it easier for newcomers to engage with us. Her thoughtful approach to inclusion demonstrates her belief that a diverse group enriches the community as a whole.

In a world where connection is more important than ever, Rain Burroughs stands out as a beacon of positivity and collaboration. Her dedication to building relationships, enhancing our group, and fostering community spirit is truly inspiring, and we are all grateful for her contributions.

---

## Five Minute Activism

**Complacency and inaction will only allow ICE to get away with more aggressive deportation practices. Make two calls today:** First, phone your representative in Congress (<https://www.house.gov/representatives/find-your-representative>) to say the ICE raids must end, then help flood ICE's main line (888-907-6635) with calls voicing your opposition to the raids.

*Sample Script (taken in part from [afsc.org](http://afsc.org)).*

"Immigrants—our family members, friends, and neighbors—make our country stronger. Wasting money on abusing, jailing and deporting immigrants—instead of investing in better health care and education for all of us—holds back progress for the whole country.

You have constitutional rights:

- **DO NOT OPEN THE DOOR** if an immigration agent is knocking. If you are inside of your house, show the card through the window or slide it under the door.
- **DO NOT ANSWER ANY QUESTIONS** from an immigration agent if they try to talk to you. You have the right to remain silent.
- **DO NOT SIGN ANYTHING** without first speaking to a lawyer. You have the right to speak with a lawyer.
- If you are outside of your house, **SHOW THIS CARD TO THE AGENT**. Ask the agent if you are free to leave and if they say you can, leave calmly.



You can print out English language versions of business-sized cards here:

[https://www.ilrc.org/sites/default/files/documents/red\\_card-self\\_srv-english.pdf](https://www.ilrc.org/sites/default/files/documents/red_card-self_srv-english.pdf)

The ILRC has more information about these cards and multiple languages available at:

<https://www.ilrc.org/red-cards-tarjetas-rojas>

Print, (and maybe laminate) and leave these cards in public. Grocery stores, doctor's offices, schools, and more could benefit from these.

---

## Next Up...



Progress will not be having a business meeting in February. Instead, please consider attending the Adaptive & Inclusive Community Input Meeting. This is a great opportunity to learn about adaptability needs, community programming for 2025, and ways to get involved. The next meeting is February 12 from 6-7pm at Eagle Pavilion, Fryer Park (3668 Discovery Dr. Grove City).

### Upcoming Holiday Drive Collections -

We had so much success making Christmas special for our Head Start program. We hope to replicate that success for Eid! Eid is the celebration at the end of Ramadan - this year it falls

on Saturday March 29. We have committed to adopting one family for this holiday, and have the potential for more. This is a family of 9, 2 adults and 7 children.

The wishlist is at: [www.giftster.com/gift/public/4iMOP/](http://www.giftster.com/gift/public/4iMOP/)

Monetary donations are also fantastic!

Cashapp: \$MamaPaul88

Venmo: @MamaPaul88

as well as cash or via our "donate" button on the site (please specify "gift drive" when donating)

---

## Monthly Meeting Recap

At our recent monthly meeting, we gathered to focus on the importance of community engagement and development. Community leaders took the stage to share inspiring stories and insights, demonstrating the significant impact each one of us can have in building a better environment for all. Their presentations highlighted how collective efforts, no matter how small, can lead to meaningful change and foster a stronger, more connected community. This meeting served as a powerful reminder of our shared responsibility and potential to make a positive difference. Check out some details on our great speakers and their organizations below.

---

**HEER TO SERVE**  
**Community Serve**



SATURDAY JANUARY 4TH	5PM-8PM
SATURDAY JANUARY 18TH	5PM-8PM
SATURDAY FEBRUARY 1ST	5PM-8PM
SATURDAY FEBRUARY 15TH	5PM-8PM
SATURDAY MARCH 1ST	5PM-8PM
SATURDAY MARCH 15TH	5PM-8PM
SATURDAY MARCH 29TH	5PM-8PM

QUESTIONS? EMAIL US AT  
 HEERTOSERVE@GMAIL.COM



**Ted Berry**  
 Ward 1 Council Representative

SWCS PTA  
**CLOTHING ROOM**  
 AVAILABLE TO ALL SOUTH-WESTERN CITY SCHOOLS STUDENTS AND FAMILIES  
 Located in the Westland High School Rec Center.  
 PLEASE SCAN THE QR CODE TO FILL OUT THE FORM AND REQUEST AN APPOINTMENT  
 APPOINTMENTS: MONDAYS AND THURSDAYS 5:30PM-7PM  
 FOR QUESTIONS TEXT: JOY- 614-638-4977 OR KYRA-614-285-5793

Heer to Serve works with those who are experiencing houselessness to provide support, supplies, and advocacy. Emily spoke to us about some of the stigmas the unhoused community face, what an encampment sweep by the city looks like, and things that we can do to support these individuals. Twice a month Heer to Serve meets at 151 Williams Rd. to provide a warm meal, non-perishable items, propane, and other essential items people may need. Please check out their Facebook page and their website <https://heer2serve.org/> to learn more about the program and ways to get involved.

In his time as a representative to Ward 1 on the Grove City Council, Ted Berry has created programs to help engage the community in meaningful ways. 2025 will be the ninth year for the 5-K9 walk/run supporting Speak! For the Unspoken, a nonprofit dedicated to rescuing and advocating for special needs animals. During the Covid Pandemic, Ted reached out to Ohio Health to coordinate an event supporting mental health. They developed the "100 miles in 30 days" challenge. Proceeds from this month long event benefit Ohio Suicide Prevention Foundation and Kaleidoscope. More information to come on this year's dates for both events.

Progress has been so pleased to be able to partner with the SWCS PTA in supporting our district's **Clothing Room**. This is an amazing resource where any families that live in the district are able to specifically request certain clothing items or go shop in person for free. We have been dedicating time to sorting through and organizing the items so that families are able to access what they need easier. Volunteers will continue to be needed, whether that is for sorting or to help shop. Please reach out if you are able to help out in the free store, or if we are able to help you out with it.



ProgressGroveCity.com



DELIVERED USING



Sender